



Hello everyone & thanks for registering for the 2020 season!

The club executive & coaches have been hard at work making sure that the program will be both fun and safe for all. Of course there are many new protocols in place to ensure everyone' safety. **Please take the time to read the information below.** These are not suggestions - these are requirements for all sessions that BSRFC will be running this fall.

If protocols are not followed by players or parents - these individuals will be asked to leave the field.

Before sessions

- Fill out the health attestation on Sportlomo before EACH session
NO ATTESTATION = NO TRAINING
- Download the app on your phone and follow these instructions :
https://sportlomo-userupload.s3.amazonaws.com/uploaded/galleries/13555_upload/8d8bbac6e631ff5aef3ca46e7e8263a6dfe5a12e.pdf
- Arrive as prepared as possible for training - coaches will not be able to help with taping, tying shoe laces etc.
- Ensure you have your own water bottle.
- No personal equipment such as balls, tees or similar will be permitted at practice.

Arriving at sessions

- Each age group has a specific parking/drop off area (refer to the map for your area on pages 4 & 5).
- Players should proceed to their designated area & check-in with the coach/volunteer who is taking attendance and verifying attestations (there will be signs for each group).
- Players then proceed to their designated bag area, place their bags 2m apart from each other & then change into their cleats.
- Once dressed, players will sanitize their hands (sanitizer provided) before proceeding onto the field or touching any shared equipment.
- Parents can set up personal chairs in the designated viewing areas for your group. Please respect physical distancing guidelines and place your chairs 2m apart.

During sessions

- Approved drills will minimize close contact between players.
- Brief breaches of the 2m physical distance guideline are permitted but coaches will be monitoring & ensuring no prolonged close contact between players.
- Water breaks will be taken back at players bags (to ensure the 2m distance), there will be no sharing of water bottles - this might be a challenge for Minors players who may be used to heading back to mom/dad for their water break. Please speak to your player about trying to stay at their bag.
- If players need to leave the field for any reason during a session, they will need to sanitize their hands before returning to the field.

Leaving sessions

- Players will sanitize their hands at the end of training.
- Players will return to their bags to change & collect their belongings.
- Parents can park or wait in the drop off area & encourage players to walk over to the car alone.
- We will be encouraging everyone to disperse quickly at the end of sessions.

Facilities

- BLEACHERS ARE COMPLETELY OFF LIMITS (BSRFC cannot guarantee the cleanliness of the bleachers and we will not be sanitizing them).
- The club house & washrooms WILL NOT BE OPEN for players, parents or coaches.

Safety protocols in place

- Coaches/volunteers will be sanitizing balls, cones & flags - before and after each session.
- Players will be assigned their own belt for the season - if you would like to wash the belt - they can be put in with regular laundry OR hand washed. The velcro sticks to everything so handwashing in warm or hot water with laundry soap may be preferable.
- Additional responsibilities have been added to the Emergency Action Plan for added safety in the case of first aid or emergency.
- Signage will be put up on the field for each session to direct players.
- Please do not come to a training session if you are feeling sick.
- If you / your player / social bubble member tests positive for COVID-19, please inform the executive immediately.

Consider helping out

- As you can imagine there is a lot more on the executive & coaches plates this year. If you are available to help out at any session (take attendance, hold the hand sanitizer pump, monitor bag spacing, help with equipment cleaning) please identify yourself to the coaches. We have PPE gear available for anyone who can volunteer.

If you would like more information on the guidelines we have followed for our approved Return to Play plan, please see Rugby Ontario's return to play plan:
https://sportlomo-userupload.s3.amazonaws.com/uploaded/galleries/13555_uploaded/2b0689282e0c61d5b4551aeea7213cfaa3d83682.pdf

We are very excited to be able to be offering any programming at all so cooperation of the whole group is critical to its continued success.

Thanks!

BSRFC Executive & Coaches

Contacts

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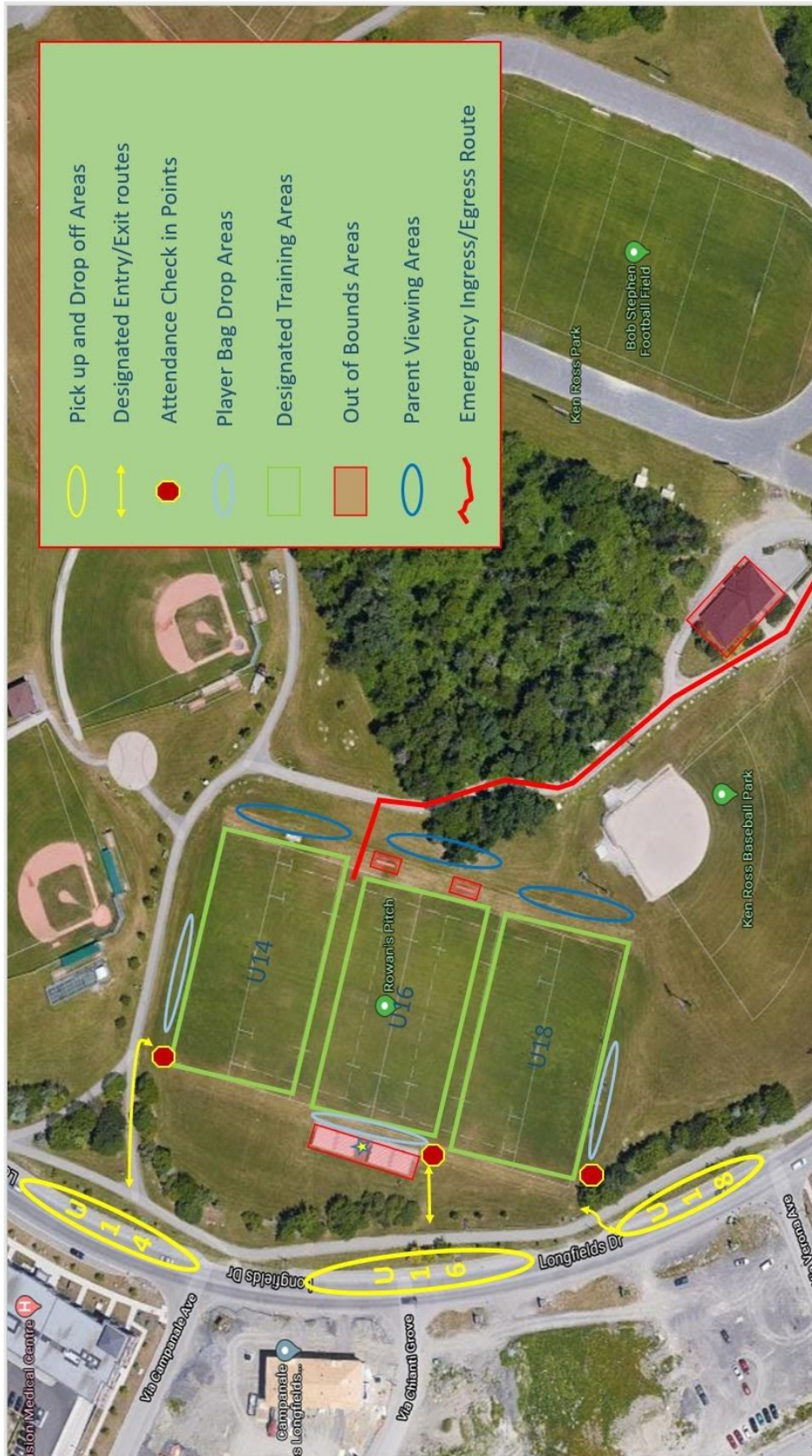
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Map for Junior Sessions



Map for Minors Sessions

