



### **Important Information for Coaches**

All the information provided on this page has been provided for you and players and their families about the significant Health & Safety protocols, which we must all adhere to, in order to Return To Play.

All coaches will be required to read, and sign as acknowledging they understand key Return To Play documentation provided by the Executive board.

#### **Before the session**

- You must complete an attestation before participating in any session. This is done through SportLomo. You must be registered to access the attestation form. All participants (everyone) must complete a form. No attestation form – No participation allowed.
- The SportLomo database will only open 18 hours before the next session and anyone under the age of 18 must have their parent or guardian complete the attestation online.
- Coaches and volunteers will be required to verify attendance and attestations at each session. If you have not completed the attestation online, the coaches will have paper copies at the field for your parents to complete.
- All completed hard copies must be forwarded to [bsrfc.president@gmail.com](mailto:bsrfc.president@gmail.com) immediately following the practice. Either by scanning it or taking a **legible** photo of it, as it will be uploaded to Rugby Ontario. The hard copy must be retained by the coach and given to the club president as soon as possible.
- If you have any symptoms of COVID-19, have travelled outside of Canada or have come into contact with a confirmed case of COVID-19 do not attend sessions. Self-isolate in accordance with federal/provincial guidelines.
- If you are classified as vulnerable or immunocompromised you should abstain from attending sessions until you are advised that it is safe to attend.
- Do not carpool with individuals outside of your social bubble.

## **At the session**

- Arrive changed and with your own water.
- Arrive early and establish a Check-in location for attendance and attestation verification.
- If participants have not done their attestations, anyone 18 and under, requires a parent to complete the hard copy attestation.
- Hand sanitizer is provided, sanitize your hands before taking to the field or touching any shared gear.
- Unless specifically directed to as part of a drill, observe physical distancing at all times with those not in your social circle.
- ANY transgression of the rules places not only the participant, but also the entire club, sport community and local community at risk. Rules and consequences will be clearly communicated and agreed to by all participants. Consequences will be immediate and include the immediate removal of all access to the club facilities and group training until rectified.
- Training group size and permitted activities will depend on the Rugby Ontario Return Phase. <https://www.rugbyontario.com/return-to-play/>
- Should a close contact be reported, the designated Call person shall immediately report the incident to the club COVID Safety Officer and follow the established Emergency Response Plan (ERP). This will be explained to the executive board, directors, coaches and volunteers during the orientation session.

## **After the session**

- Coaches/Volunteers and COVID Response Committee Members will wear PPE and sanitize all shared equipment used during the session.
- Observe physical distancing at all times and do not linger at the pitch, depart when the session is completed.
- Between sessions participants are to ensure that they rinse their belts with mild soap and water, as well as launder rugby kit.

## **BSRFC Covid Response Committee**

John Dingwall (BSRFC President): bsrfc.president@gmail.com

Johanna Dingwall (BSRFC VP Programs): bsrfc.vpprograms@gmail.com

Barb Gillie (BSRFC Secretary): bsrfc.secretary@gmail.com

Greg Rose (BSRFC Covid Officer): bsrfccovidofficer1@gmail.com

### **Please & Thank you**

- The success of rugby's safe return is in your hands. BSRFC will lose our sanctioning (club wide) to run any programming if we do not follow the safety guidelines & protocols.
- Please be patient and polite with the volunteers who have worked hard to get us back on the pitch.
- Follow the guidelines carefully & honestly – for everyone's safety – if you are sick stay home.